

EATING DISORDER VITAMINS & MINERALS CHART

Attach this chart to the standard prescription chart, and endorse that with:
“Vitamins & Minerals – as per attached chart”
 Any amendments made to this prescription must be clear, signed and dated by the prescriber.
 Prescriber should date and sign both sides of the prescription.

Attach patient information sticker here	
First name: NHS number: Gender: Clinical details:	Surname: D.O.B: Consultant:
Address: Cotswold House, Savernake Hospital, London Road, SN8 3HL	

Prescription for days 1 to 10:

REGULAR MEDICATION	Times	Month/Year:	Day:	1	2	3	4	5	6	7	8	9	10
<i>Thiamine</i>	0800	Date	Dr Signature										
		Drs Name											
		Pharmacy											
100mg	BD	po	17/1800										
<i>Multivitamins & Minerals</i>	0800	Date	Dr Signature										
		Drs Name											
		Pharmacy											
1 tablet	OD	po											
<i>Omega 3 fish oils</i>	0800	Date	Dr Signature										
		Drs Name											
		Pharmacy											
3 capsules	OD	po											

Prescription for days 11 onwards until target body weight achieved:

REGULAR MEDICATION	Times	Month/Year:	Day:	1	2	3	4	5	6	7	8	9	10
<i>Thiamine</i>	0800	Date	Dr Signature										
		Drs Name											
		Pharmacy											
50mg	OD	po											
<i>Multivitamins & Minerals</i>	0800	Date	Dr Signature										
		Drs Name											
		Pharmacy											
1 tablet	OD	po											
<i>Omega 3 fish oils</i>	0800	Date	Dr Signature										
		Drs Name											
		Pharmacy											
3 capsules	OD	po											
<i>Calceos chewable</i> <small>(calcium and vitamin D) *SUCK OR CHEW*</small>	0800	Date	Dr Signature										
		Drs Name											
		Pharmacy											
1 tablet	BD	po	20/2200										

Patient information leaflets (tick and date when supplied to patient). Name tick and date any other medicine leaflets also given	Thiamine	Multivitamins & Minerals	Omega 3 fish oils	Calceos

Cotswold House Marlborough

First name:	Surname:
NHS number:	D.O.B:
Gender:	Consultant:
Clinical details:	

Dr	
Signature:	
Dr Name:	

Address: Cotswold House, Savernake Hospital, London Rd, SN8 3HL

Prescription for days 11 onwards CONTINUATION:

			Time	Date:																												
<i>Thiamine</i>			0800																													
50mg	OD	po																														
<i>Multivitamins & Minerals</i>			0800																													
1 tablet	OD	po																														
<i>Omega 3 fish oils</i>			0800																													
3 capsules	OD	po																														
<i>Calceos chewable</i> <small>(calcium & vitamin D) *SUCK OR CHEW*</small>			0800																													
1 tablet	BD	po	20/2200																													

			Time	Date:																												
<i>Thiamine</i>			0800																													
50mg	OD	po																														
<i>Multivitamins & Minerals</i>			0800																													
1 tablet	OD	po																														
<i>Omega 3 fish oils</i>			0800																													
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1 tablet	BD	po	20/2200																													

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50mg	OD	po																														
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1 tablet	BD	po	20/2200																													